

Kids in Action Essay

Amizhdini Eswaramoorthy

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The conference really affected me. Hearing Fran Capo and John Basedow speak about how they achieved the great things they did was truly inspiring. Mr. Basedow's constant persistence to get in shape and Ms. Capo's impromptu decision to break a world record might have seemed a bit ridiculous in the beginning, but they were able to reach their goals anyway.

The thing that really struck me was how these amazing people were not simply born that way. They were just normal everyday people who distinguished themselves from the rest by believing in themselves and making the ascent to glory. I realized that the most incredible people are just normal people with a grand vision. You don't have to be a genius to make important contributions to the world or accomplish feats previously thought impossible. You just have to put your all into whatever you do and your dreams will come true.

People always say that you can do anything if you believe in yourself, but these used to seem like dry statements meant simply to boost self-esteem without real backing. Yet I saw living proof of the old saying at the conference and that really moved me. I was able to put everything into a real-life perspective. I now do not just want to get into an Ivy League college, I know I will. I truly feel that there are no limits to the things I can accomplish. If you don't support yourself, who will? The sky is the limit, and I know I will be able to reach it through hard work, thanks to the conference.

What you are today doesn't necessarily indicate what you'll be tomorrow. It doesn't

matter what you start out as. It matters what you turn yourself into.